



Notice of “Nutrition for Athletes” Information Evening and Annual General Meeting

All senior members and parents/carers for junior members are encouraged to shape the future of your club and learn about nutrition in your sport

Tuesday 15th May 2018 at 7.30pm
WPH Clubhouse at Little Marlow Athletics Track

(Light refreshments will be served)

Alex is a sports dietitian specialising in endurance nutrition and a trained nutritionist advising England Athletics (and WPH club member and coach) will be sharing her insight and taking your questions on nutrition for athletes.

The AGM is an opportunity to get involved in the running of our friendly club and to help it move forwards. A final agenda will be provided on the night and will include the following:

Chairman’s report Treasurer’s Report Club Secretary’s Report Election of Committee

If you have other agenda items for the AGM or nominations for the committee please send to the Club Secretary at clubsecretary@wycombephoenix.org by 6:00 p.m. Friday 4th May 2018.

The club is actively looking for new people to join the team and to fill several important vacant (committee and non-committee) roles this year. Are you able to help your club? Please do come and speak to any member of the committee to find out more.

Committee Position	Status
Chair	Vacant at this AGM
Club Secretary	Peter Lipman re-standing
Treasurer	Lindsay Matthews re-standing
Coach Development Advisor	Vacant at this AGM ??Richard Claessens re-standing
Membership Secretary	Vacant at this AGM
New Members and Enquiries Secretary	Mike Taylor re-standing
Events Officer	Mark Delgado re-standing
Welfare Officer	Lance Free re-standing
Team Managers’ Liaison	Andrea Styles re-standing
Officials Secretary	Sally Delgado re-standing
ALF Liaison	Mike Mahoney re-standing
Minutes Secretary	Vacant at this AGM
Bucks AA Representative	Lance Free and Lawrie Thomas re-standing
Social Secretary	Vacant
Press & Communications Secretary	Vacant

Regards,
 Dougie Sutherland (Chair) and Peter Lipman (Club Secretary)