

# Junior Club Championships and Invitational – 15<sup>th</sup> April 2018

## Incorporating the Buckinghamshire U15 and U17

### 3000m Championships



**Draft Timetable** Updated: 8<sup>th</sup> April 2018

**9:30 Registration Opens**

**10:50 QuadKids Warm Up**

#### Track

10:45	300m Heats (U15 Boys)
10:50	300m Heats (U15 Girls)
11:00	100m Heats (U13 Boys)
11:10	75m Heats (U13 Girls)
11:20	QuadKids 75m
12:00	800m Finals (U13 Girls / U13 Boys) - see Note 1 below
12:15	800m Finals (U15 Girls / U15 Boys) - see Note 1 below
12:30	100m Finals (U13 Boys / U15 Girls / U15 Boys)
12:40	75m Final (U13 Girls)
12:50	300m Final (U15 Girls / U15 Boys)
13:00	Bucks AA 3000m (U15B / U17M)
13:15	Bucks AA 3000m (U15G / U17W)
	<<BREAK>>
13:50	70m Hurdles Final (U13 Girls)
14:00	75m Hurdles Finals (U13 Boys / U15 Girls)
14:10	80m Hurdles Final (U15 Boys)
14:25	150m Heats (U13 Girls)
14:35	200m Heats (U15 Girls)
14:50	1200m Final (U13 Girls)
15:00	1500m Finals (U13 Boys / U15 Girls / U15 Boys)
15:25	QuadKids 600m
16:00	150m Final (U13 Girls)
16:05	200m Finals (U13 Boys / U15 Girls / U15 Boys)
16:30	QuadKids and other Relays

#### Field

10:30	Discus (All)
10:30	Javelin (U13G & U13B) – PV End
11:15	High Jump (All)
11:15	Long Jump (U15 Girls & Boys) - Pit 2 – PV End
12:00 for 12:15	QuadKids Yellow and Blue Teams Long Jump
12:00 for 12:15	QuadKids Red Team Vortex Throw
13:15	Shot (All)
13:45 for 14:00	QuadKids Yellow and Blue Teams Vortex Throw
13:45 for 14:00	QuadKids Red Team Vortex Long Jump – Pit 2
15:00	Long Jump (U13 Girls – Pool A) – Pit 1 – Finish End
15:15	Long Jump (U13 Boys) - Pit 2 – PV End
15:45	Javelin (U15 G & U15B) – runway tbc
16:00	Long Jump (U13 Girls– Pool B) - Pit 1 – Finish End

#### Notes:

1. Due to numbers of entries, any of the 800m finals may consist of 2 races with medals being decided on athletes' times across both races.
2. Any event timetabled for heats and finals may be run as a straight final on the day at the time originally scheduled for the heats.
3. Athletes will have 3 trials in all field events except the HJ.

**QuadKids Medal Presentations will follow relays**