



WPH is Hosting a Southern Athletics League Match on Sunday, 19th May 2019

The Club needs your help

We are hosting this league match at our track as part of our league requirements and need help from across all the club members and their families.

A couple of hours of your time, or all day - we'll fit around you. Needless to say, the more volunteers we have, the easier it is to cover everything.

What could you be doing?

Are you good with spreadsheets? You could help with results. Are you organised? We'd love your to help set up.

Do you have a flair for cooking? Come and run the BBQ to raise funds. Other jobs include:

Helping the officials – raking the sandpit, retrieving implements, getting some timekeeping experience, helping to measure keeping them fed and watered;

Being a “runner” to keep the communications going; or

Setting up, taking down, or one of the many jobs before and on the day

Who can get involved?

Anyone over the age of 14 – and there are a couple of jobs for younger siblings as well

How do you Volunteer?

Hand the form to Sally Delgado via your coach or the refreshment counter on a Tuesday, or email the information below to volunteers@wycombephoenix.org, or contact Sally through the Volunteers contact option on the Contact Us page on the website (remember to put the domain in your “safe” list)

These events can't run without you. Thank you.

SAL Hosting Helper		Sun 19th May	2019
Name:			
Email address:			
Tel. / Mobile number:			
On the day: please indicate time slot you can help in (approximate times)			
Set up (8.30am – 11.30am)		From _____ until _____	
All day (8.30am until 5.30pm)			
Morning (11.30am until 1.30pm)		Afternoon (1.30pm until 5.30pm)	Take down (5.00pm – 5.30pm)
Preferences – tick any that apply (can't guarantee)	Helping with long jump / javelin etc		helping with Track / hurdles
	Set Up	Anything	Refreshments etc
	Message runner	Car parking	Results / admin
Competing Athlete(s):	Name: _____	:	
I can help with the preparations before the day YES / NO			