

Health and Safety Statement

Wycombe Phoenix Harriers & AC is committed to ensuring that all members take part in activities that are safe and well-managed. Our athletes' well-being and safety is always our paramount concern.

We recommend levels of training and competition dependent on age and ability and expect our athletes to participate within these boundaries. These levels of participation should be supported by all club officers working the athletes and, for those athletes who are under 18, with their parents and carers.

Health and Safety Policy

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessments of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the risk assessments.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities and a qualified first aider at all times.
- Report any injuries or accidents sustained during any club activity or whilst on the club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

As a club member you have a duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do (see codes of conduct).
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

Location of first aid facilities:

At track:

- First Aid boxes in the club's store, also on reception desk
- Defibrillator in club's store

Other venues:

- Training – one coach with a first aid kit at each venue
- Competition – first aid kit with team manager

Qualified First Aiders

Katrina (Squish) Warkcup (Welfare Officer)	Mike Taylor (Endurance Coach)
Lance Free (Welfare Officer)	Graeme Kerr (Foundation Coach)
Ian Parkinson (PV Coach)	Mike Mahoney (Long Sprints Coach)
Jeremy Mitchell (Foundation and FUNdamentals Coach)	Nigel Sanderson (Sprints Coach)
	Andy Wallings (Senior Sprints Coach)