



Final Timetable

Updated: 17th April 2023

09:30 Registration Opens
11:40 QuadKids Warm Up

Track

Field

11:00	T1	70m Hurdles U13G Final
11:10	T2	75m Hurdles U13B / U15G Final
11:20	T3	80m Hurdles U15B Final
11:30	T4	100m U15G Heats
11:40	T5	100m U15B Heats
11:50	T6	75m U13G Heats
12:00	T7	75m U13B Heats
12:10	T8	QuadKids 75m
12:25	T9	800m U15B Final
12:30	T10	800m U13G Final
12:35	T11	800m U15G Final
12:40	T12	800m U13B Final
12:50	T4	100m U15G Final
12:55	T5	100m U15B Final
13:00	T6	75m U13G Final
13:05	T7	75m U13B Final
13:15	T13	300m U15G / U15B Final
		TRACK BREAK
13:45	T14	Bucks AA / Oxon AA 3000m U15B / U17M Final
14:00	T15	Bucks AA / Oxon AA 3000m U15G / U17W Final
14:15	T16	150m U13G Heats
14:25	T17	200m U15G Heats
14:35	T18	1200m U13G Final
14:40	T19	1200m U13B Final
14:50	T20	1500m U15G Final
14:55	T21	1500m U15B Final
15:05	T22	QuadKids 600m
15:20	T16	150m U13G Final
15:25	T23	150m U13B Final
15:30	T17	200m U15G Final
15:35	T24	200m U15B Final

10:30	F1	High Jump U13G / U13B
10:45	F2	Discus (All)
11:15	F3	Javelin U13G / U13B
11:30	F4	Long Jump U15B - Pit 2 – near 100m start
11:45	F5	Long Jump U15G - Pit 1 – near Finish
12:25 for 12:40	F6	QuadKids Green Team Long Jump - near 100m start
12:25 for 12:40	F7	QuadKids Red Team Vortex Throw
12:45	F8	Shot (All)
13:30	F9	Long Jump U13G – Pit 1 – near Finish
13:40 for 13:55	F10	QuadKids Red Team Long Jump - near 100m start
13:40 for 13:55	F11	QuadKids Green Team Vortex Throw
14:00	F12	High Jump U15G / U15B
15:00	F13	Long Jump U13B - Pit 2 – near finish
15:00	F14	Javelin U15G / U15B

Notes:

1. Any event timetabled for heats and finals may be run as a straight final on the day at the time originally scheduled for the heats.
2. QuadKids will have 3 attempts in long jump and vortex and other athletes 4 attempts in throws and long jump.